

# COVID-19 Vaccine Information \*UPDATE\*

Last Updated 4/19/2021

***Dear NVFP patients,***

We are happy to be able to continue sharing with you the most up-to-date information regarding the COVID vaccine in our region. Here is the latest for you!

NVFP continues with our vaccine distribution efforts. We have had our COVID vaccine clinic up and running for nearly two months now and continue to administer both first and second vaccine doses to many of our patients. Thank you so much for your patience and cooperation through this process. Last week we opened our vaccine efforts to *every patient at NVFP ages 18 and over*. We are getting closer to having our entire NVFP family vaccinated!

***We now ask that you directly call the office to schedule your first vaccine appointment if you still need/want one.*** We will also continue to reach out to any last remaining higher risk individuals on our roster and offer them a priority appointment.

The big news of this past week was the halt on the Johnson & Johnson vaccine after reports of a rare but dangerous blood clot in a small number of its recipients. Out of the over 7 million doses of this vaccine given, only very few cases have been reported. However, since safety is of the utmost concern, the pause will allow researchers to explore this finding more and verify if it truly was caused by the Johnson & Johnson vaccine. Of note, this blood clot finding has NOT been seen associated with the over 18 million doses of mRNA vaccines (Moderna or Pfizer-BioNTech) that have been administered. The blood clots were also only seen in women ages 18-48, and occurred in the first 3 weeks following administration of the vaccine. For more information about this, please visit this site: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/JJUpdate.html>

Thank-you for your ongoing patience during these challenging times Together we can beat this!

***The Providers & Staff at NVFP***

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**QUESTION OF THE WEEK:**

*I got the Johnson & Johnson vaccine, should I be worried?*

## ANSWER:

- If you got this vaccine **more than three weeks ago**, your risk of developing a blood clot is very low.
- If you got this vaccine **within the last three weeks**, your risk of developing a blood clot is also very low. However, you should be on the lookout for possible symptoms of a blood clot:
  - Severe headache
  - Blurred vision
  - Fainting
  - Seizures
  - Pain in your abdomen (chest or stomach)
  - Leg pain or swelling
  - Shortness of breath

## Helpful Vaccine Information and Links:

### Virginia Department of Health Centralized Pre-registration Website:

<https://vaccinate.virginia.gov/> or 1-877-829-468

- 1) This website allows one to search for vaccine locations based on zip code, but also by TYPE of vaccine offered. These are mostly commercial pharmacy listings:  
<https://vaccinefinder.org/>
- 2) For more information about the different vaccines, please visit this site:  
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>

### INDIVIDUAL VIRGINIA HEALTH DEPARTMENTS

#### 1) **Alexandria City:** General Information and Registration:

<https://www.alexandriava.gov/Vaccines>

Vaccine Hotline for Alexandria City: **703-746-4988** (M-F, 9am-6p).

#### 2) **Fairfax County:** General Information and Registration:

<https://www.fairfaxcounty.gov/health/novel-coronavirus/vaccine/registration>

Vaccine Hotline for Fairfax County: **703-324-7404** (Monday-Friday, 9 a.m. to 7 p.m., Saturday and Sunday, 9:30 a.m. to 5 p.m.)

#### 3) **Arlington County:** General Information and Registration:

<https://www.arlingtonva.us/covid19/vaccines/registration/>

Vaccine Hotline for Arlington County: **703-228-7999** (M-F, 9a-5p)

4) **Loudoun County:** General Information and Registration:

<https://www.loudoun.gov/5493/How-toSign-Up-for-COVID-19-Vaccine>

Vaccine hotline for Loudoun County: **703-737-8300** (M-F, 9:00 a.m. and 5:00 p.m.)

5) **Prince William County:** General Information and Registration:

<https://coronavirus.pwccgov.org/vaccine-information/>

Vaccine Hotline for PWHD : **703-872-7759** (Monday-Sunday from 9 a.m. -4:30 p.m)

### **VIRGINIA Department of Health Special Group Designations:**

1B: <https://www.vdh.virginia.gov/content/uploads/sites/191/2021/01/Phase-1b-In-Depth.pdf>

1C: <https://www.vdh.virginia.gov/content/uploads/sites/191/2021/01/Phase-1c-In-Depth.pdf>

### **OTHER JURISDICTIONS:**

1) **Washington, DC:** General Information and Registration:

<https://coronavirus.dc.gov/vaccinatedc>

2) **Prince George's County, MD:** General Information and Registration:

<https://www.princegeorgescountymd.gov/3730/COVID-19-Vaccination>

3) **Montgomery County, MD:** General information and Registration:

<https://www.montgomerycountymd.gov/covid19/vaccine/>

## **PHARMACY LIST:**

a. **Neighborhood Pharmacy of Del Ray**

2204 Mt. Vernon Ave, Alexandria, VA 22301 (703) 836-1700

<http://www.delraypharmacy.com/>

b. **Van Dorn Pharmacy, Alexandria**

5724 Edsall Road, Alexandria, VA 22304 (703) 348-7186

c. **Preston's Pharmacy, Arlington & Merrifield** <https://prestonspharmacy.com/>

d. **Joule Wellness Pharmacy, Arlington** <https://joule-wellness-pharmacy.business.site/>

e. **Genoa Pharmacy** <https://www.genoahealthcare.com/locations/virginia/>

JOIN THE WAITLIST:

<https://app.smartsheet.com/b/form/654b922d946c4f7eaa9d916308f5488b>

f. **Safeway Pharmacy** <https://www.safeway.com/pharmacy/covid-19.html>

g. **CVS** <https://www.cvs.com/immunizations/covid-19-vaccine>

New appointment slots open at 7am every morning.

You will be able to choose which pharmacy – though be mindful that some locations are far away.

Have insurance card ready to go

CVS Customer Service at **(800) 746-7287** (if unable to register online).

h. **Walgreens** <https://www.walgreens.com/topic/promotion/covid-vaccine.jsp>

i. **Harris Teeter** <https://www.harristeeterpharmacy.com/rx/guest/get-vaccinated>

j. **Giant** <https://giantfood.com/pages/covid-info>